



Information Sheet

Research Title: Counselling Psychology in Australia

Thank you for your interest in this research.

Purpose of the Research: The research will explore the professional role of counselling psychologists in Australia.

Background Information: Counselling psychology is the second largest of the nine areas of endorsed psychology recognised by the Psychology Board of Australia. We are contacting all counselling psychologists in Australia to build an accurate picture of the services they offer to the public. The survey will collect information such as demographics, employment sectors, services provided by counselling psychologists and areas of practice. We will also ask information about how participant's define the role of a counselling psychologist, and what they see as the major challenges facing counselling psychology in Australia.

Eligibility: Are you a counselling psychologist with area of practice endorsement, counselling psychologist (registrar) or have you completed postgraduate training in counselling psychology?

What you will be asked to do: You are invited to complete a questionnaire online. If you agree to participate, you will be asked questions about your experience as a counselling psychologist, this will include demographic information and services that you provide to the public. We will also ask you to comment on what you see as the major challenges facing counselling psychology in Australia.

Confidentiality: The information you provide will be confidential and secure, you will not be asked to provide identifying information. All questionnaire data will be anonymous and transferred to a secure drive on a password protected computer at Curtin University until data analysis is complete. Data will then be archived on the secure servers maintained and backed up by Curtin University. After a period of 7 years, data will be deleted from the servers. No information that could identify a participant will be released to a third party or made public in any way.

Possible benefits: You may not personally benefit from the study. The research will benefit our understanding of the role of counselling psychologists in Australia, we hope to use this research to support the profession.

Possible risks: It is unlikely that participating in this research will incur any risks beyond your normal day-to-day living, you will only be asked to comment on your role as a counselling psychologist. Participating in this study is voluntary and you are under no obligation to consent to participate. If you do participate in the study and later change your mind, we are unable to remove your data, the survey is anonymous and we will have no way of identifying your information. A list of useful support services is provided at the bottom of this information sheet.

Who we are: This research is being conducted by researchers at Curtin University, Western Australia and Monash University, Australia. If you have any questions you can contact the researchers directly at c.davis-mccabe@curtin.edu.au and michael.dimattia@monash.edu



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You may find some of this information upsets or worries you, if so here are some useful support services:

Beyond Blue – This organisation specialises in depression and anxiety issues, they have support available via website, webchat and phone.

Web: www.beyondblue.org.au/

Phone: 1300 22 46 36

Lifeline – 24/7 support via web, text or phone

Web: www.lifeline.org.au

Phone: 13 11 14

Curtin University Human Research Ethics Committee (HREC) has approved this study (HREC number 2016-0386). Should you wish to discuss the study with someone not directly involved, in particular, any matters concerning the conduct of the study or your rights as a participant, or you wish to make a confidential complaint, you may contact the Ethics Officer on (08) 9266 9223 or the Manager, Research Integrity on (08) 9266 7093 or email hrec@curtin.edu.au

Link to survey www.surveymonkey.com/r/counspychAU