Specialist Psychological Services

Masters Trained Counselling Psychologists
Medicare Rebatable Services

Register for GP’s and Psychiatrists
Information About Counselling Psychologists

Counselling Psychology is recognised in Australia and internationally as a specialist area of professional psychology. A Counselling Psychologist is someone who has completed:

- A Masters or PhD degree in Psychology, specialising in Counselling; and
- Two years of supervised practice overseen by The Psychologists Board of Western Australia.

As such, a Counselling Psychologist has a minimum of six years training.

A Counselling Psychologist provides psychological therapy to individuals, couples, families and groups. Counselling Psychologists provide psychological assessment and diagnosis. They are trained to work with a wide range of mental health disorders and psychological difficulties.

All Counselling Psychologists are eligible for Medicare rebates, with some Counselling Psychologists able to offer specialist rebates. Clients can be referred to a Counselling Psychologist by their GP or Psychiatrist via a Mental Health Care Plan. Consultations with Counselling Psychologists are also covered by most private health insurers.

This register contains the profiles and contact details of Counselling Psychologists and graduates of the Master of Psychology (Counselling). These experienced psychologists are all in private practice and available to see clients via a referral under Medicare or through client self referral.
# List of Counselling Psychologists by GP Division

<table>
<thead>
<tr>
<th>Perth Divisions</th>
<th>Page No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Perth Primary Care Network</strong></td>
<td></td>
</tr>
<tr>
<td>Kaye Barr</td>
<td>5</td>
</tr>
<tr>
<td>Lidia Genovese</td>
<td>9</td>
</tr>
<tr>
<td>Jan Grant</td>
<td>10</td>
</tr>
<tr>
<td>Susan Griffiths</td>
<td>11</td>
</tr>
<tr>
<td>Karen Hall</td>
<td>12</td>
</tr>
<tr>
<td>Sylvia Johnstone</td>
<td>16</td>
</tr>
<tr>
<td>Kim Maserow</td>
<td>17</td>
</tr>
<tr>
<td>Nicki McKenna</td>
<td>18</td>
</tr>
<tr>
<td>Susie Newnham</td>
<td>20</td>
</tr>
<tr>
<td>Claudia Ovenden</td>
<td>22</td>
</tr>
<tr>
<td>Mary-Anne Paino</td>
<td>24</td>
</tr>
<tr>
<td>Robert Segal</td>
<td>25</td>
</tr>
<tr>
<td>Duane Smith</td>
<td>26</td>
</tr>
<tr>
<td>Katie Thomas</td>
<td>27</td>
</tr>
<tr>
<td>Leisa Thompson</td>
<td>28</td>
</tr>
<tr>
<td>Georgina Timms</td>
<td>29</td>
</tr>
<tr>
<td>Nirada van der Burg</td>
<td>30</td>
</tr>
<tr>
<td>Pamela Woods</td>
<td>31</td>
</tr>
<tr>
<td><strong>Osborne GP Network Ltd</strong></td>
<td></td>
</tr>
<tr>
<td>Greg Chidlow</td>
<td>6</td>
</tr>
<tr>
<td>Janine De Soyza</td>
<td>7</td>
</tr>
<tr>
<td>Karen Hall</td>
<td>12</td>
</tr>
<tr>
<td>Sylvia Johnstone</td>
<td>16</td>
</tr>
<tr>
<td>Nicki McKenna</td>
<td>18</td>
</tr>
<tr>
<td>Pamela Woods</td>
<td>31</td>
</tr>
</tbody>
</table>
Pamela Woods
Counselling Psychologist
6/54 Angove Street, North Perth
6/62 Creaney Drive, Kingsley
9409 5563 Clients
0419904620 Mobile
Post-traumatic stress disorder, couples therapy, relationship issues, generalist treating anxiety, depression, and most clinical presentations. Coaching for executives and professionals with work related issues and stress.
Pamela has worked in private practice for the past seven years, providing clinical services to private clients, GP referrals, EAP clients and referrals from Veterans Affairs, and other government departments. She also offers clinical and/or professional supervision to psychologists, counsellors and other professionals in human services roles. Therapeutic approach is process oriented as well as outcome oriented and draws from Gestalt Therapy, cognitive and phenomenological approaches including CBT, and emotionally Focussed Couples Therapy. Experienced with war veterans and veterans’ families, and treatment of post traumatic stress disorders. Otherwise, a generalist with capacity to work with many clinical presentations, including healthy clients experiencing personal distress, loss or crisis, and also couples and children.
28. Name: Nirada van der Burg
Registration Type: Counselling Psychologist
Location of Practice: Room 2. 1 Rokeby Road.
Subiaco WA 6008
Contact Details: (08) 9328 7601
Specialities/areas of interest: General psychological problems including anxiety, depression, bereavement, mid-life issues, PTSD, sexual problems, relationship issues (including same-sex couples), sexual assault and past sexual abuse, issues pertaining to pre- and post-termination of pregnancy, existential concerns, organisational and workplace issues, and provision of supervision (specialist title and workplace).
Profile: Seventeen years in private practice employing Existential, Interpersonal, Narrative, and Cognitive Behaviour Therapy.
Trained in clinical hypnotherapy and in working with unconscious processes.
Past experience includes working at the Health Department of WA, FPWA, SARC and the UWA Counselling Service. Has wide experience as an educator, trainer and supervisor.

Psychologist Profiles
1. Name: Karen J Abbott
Registration Type: Psychologist B.Sc.(Hons).M.Psych
Location of Practice: Mandurah and Rockingham
Contact Details: M: 0414 866 356
Fax: 9581 8068
verney@netspace.net.au
Specialities/areas of interest: Adults: anxiety, PTSD, depression, life stage issues: menopause, andropause.
Profile: Psychologist in private practice working with adults in both Mandurah and Rockingham. Day time appointments. Karen employs an eclectic mix of therapeutic models such as interpersonal process, existential and cognitive-behavioural therapies. Karen also works with Peel Region corporate clients such as CSBP, Dept of Education and Training and Peel Health Campus under their Employee Assistance Programs through various corporate agencies.
Judi Ainsworth  
Counselling Psychologist  
South Fremantle  
0402 713 320  
Personal and work related difficulties including: anxiety and stress, depression, abuse and trauma, family of origin issues, grief and loss, psychosocial functioning, parenting, relationship difficulties and separation.  
Judi is a Registered Counselling Psychologist and currently works at Curtin University in the counselling service and also part-time as a private clinician. Judi has been working in the area for over 15 years. Prior to her current position, she has worked at Perth Women’s Centre (a drug and alcohol agency), Women’s Health Care House, Family Planning Association (in the area of sexuality with the intellectually disabled), Centrecare, and Relationships Australia where she worked with a range of clients, both men and women, experiencing a wide range of issues. Judi also has past and current experience in working on Employer Assistance Programmes. Judi takes an integrative approach, based on the principles of Personal Approach, Cognitive Behaviour Therapy, Family Systems Therapy, Narrative Therapy, Mindfulness and Thought Field Therapy.

Georgina Timms  
Counselling Psychologist  
33 Morrison Road  
Midland WA 6056  
08 9250 4909  
Trauma, childhood abuse, grief and loss, depression and anxiety, general counselling. Georgina has been in full time private practice for ten years and prior to that with a number of non government agencies. She currently only works with individual adults and utilises mainly CBT, IP and psycho educational techniques for treatment. Georgina attends professional development regularly and updates her knowledge about the latest practice and research on therapeutic techniques and models continually.
26. Name: Leisa Thompson  
Registration Type: Counselling Psychologist  
Location of Practice: Brockman House  
3 Brockman Rd  
Midland  
Contact Details: 0403 129 766  
Specialities/areas of interest: Anxiety, depression, grief, cancer patients, couples, meditation and mindfulness.  
Profile: Leisa is a Counselling Psychologist with 15 years experience. She has worked in a range of settings, including school psychology, working with war veterans and their families, working with patients with terminal illness, training for the mining sector and private practice. Leisa is experienced in both individual and group work. She runs a generalist private practice seeing adults, couples and adolescents.

3. Name: Kaye Barr  
Registration Type: Psychologist & Psychotherapist  
Location of Practice: 493 Charles Street,  
North Perth, WA 6006  
Contact Details: 9443 6444  
kayebarr@ozemail.com.au  
www.kayebarr.com.au  
Specialities/areas of interest: Depression, anxiety, anger, grief, relationships, infertility, eating, stress, ADHD.  
Profile: Kaye has worked in private practice for over 20 years, mostly with individuals and couples. Having previously worked as a School Psychologist, and travelled widely, she gained a qualification in psychotherapy. Kaye works with the interactive space and explores the broadening connections between the developmental journey and present issues. Progress towards better health is gained through understanding and related actions, and working through the interactive space. Rebates are applicable through Medicare, the Department of Veterans Affairs (DVA) and private health funds, and Kaye is available for Employer Assisted Programs (EAPs).
4. Name: Greg Chidlow
Registration Type: Counselling Psychologist
Location of Practice: 28 Juniper Way
             Duncraig WA 6023
Contact Details: 0408 921 389
gchidlow@bigpond.net.au
Specialities/areas of interest: Relationship issues, counselling men, trauma – childhood and current, serious and terminal illness – cancer patients/partners, spirituality.
Profile: Greg has worked as a Psychologist for nearly 18 years in a wide variety of settings. These have included counselling long term unemployed, individuals with depression, anxiety, stress or trauma, couples with relationship concerns, domestic violence (victims and perpetrators), veterans and their families, people with cancer, terminal illness and their loved ones.
Greg has developed and facilitated numerous workshops and professional development programs in all of the above areas. Settings for this training have included universities, hospitals and GP training seminars.
Greg is familiar with and uses a variety of therapeutic modalities, including psychodynamic, cognitive behavioural and existential therapies. Greg is comfortable with short or long term counselling/therapy.

25. Name: Dr. Katie Thomas
Registration Type: Counselling Psychologist
Location of Practice: Attadale and Kalamunda
Contact Details: Suite A, 26 Hislop Road
             Attadale WA 6156
Ph: (08) 9330 5077
Mob: 0400083644
Specialities/areas of interest: Depression, anxiety, mood disorders, male/female issues, PND, sexual wellbeing and difficulty, trauma recovery, self-development.
Profile: Katie is a specialist Counselling Psychologist who has studied and taught in Developmental, Sexual, Refugee and Migrant Health. She has Masters and PhD. Degrees in psychology, has worked in women’s and international health centres and has been working with GPs in the BOMH plan since its initiation. She has extensive experience in individual, couple and group therapy and is skilled in cognitive behavioural and a range of therapeutic approaches. She has also completed specialist Sexology and Hypnosis training. Katie works with clients to increase choice and to provide a range of skills that can enhance health and wellbeing.
24. Name: Duane Smith
Registration Type: Counselling Psychologist
Location of Practice: Suite 4, Level One, 1 Rokeby Road, Subiaco 6008
Contact Details: 0402 882 003
Specialities/areas of interest: Adolescent health, suicide and self harm, couples therapy, depression, life coaching.
Profile: Duane has over 18 years experience in multiple health settings working with adolescents, adults, couples and families with a wide array of issues including: depression, anxiety, self harming behaviours and suicidal ideation, relationship issues, sexuality issues, grief and loss, borderline personality disorder and challenging behaviours.
He has an eclectic model of working with clients which employs a wide range of skills in cognitive, behavioural, psychodynamic and existential models of therapy both in formal and informal (outreach) counselling settings.
Over the past 10 years he has also had significant experience in working with adolescents with complex and challenging behaviours and needs who are either homeless, in foster placements, supported residential care or are experiencing significant family stress and conflict.

5. Name: Janine De Soyza
Registration Type: Counselling Psychologist
Location of Practice: Lyell Grove, Woodvale WA
Contact Details: Tel: 0413 993 411. Fax: 9201 1004
Specialities/areas of interest: Generalist
Profile: Janine is trained in various models of therapy, including Interpersonal Therapy, CBT and Emotion Focussed Therapy and is practiced at working collaboratively with other health professionals. Janine is experienced across a range of presentations such as depression, anxiety, grief, trauma, relationship & parenting issues, developmental milestones, self-esteem, stress/burnout. She has experience with a broad client group including adults, adolescents and cross-cultural populations. Settings worked in include: women’s health centres, Drug Court, the tertiary system and providing psychological services (counselling, mediation, psycho-educational training and critical incident response) to public/private organisations in Perth as well as regional towns and mine sites.
6. Name: Mr Lloyd Fernandez
Registration Type: Counselling Psychologist
Location of Practice: Bentley Family Therapy Centre
9 Mills Street,
Bentley WA 6102
Contact Details: (M) 0407 192 683
(F) 08 9315 1567
Specialities/areas of interest: Adult and couples psychotherapy, PTSD – complex trauma, men’s health and well-being, depression and anxiety, relationship difficulties.
Profile: Lloyd is an experienced specialist Counselling Psychologist who provides counselling, psychotherapy, consultancy, and clinical supervision. He works with individuals, couples, groups and organisations (EAP). Lloyd works part-time at the Bentley Family Therapy Centre. He has 15 years experience in the counselling and human welfare field across both non-government and public sector agencies throughout Perth. He brings a passion for integrating traditional and modern psychotherapeutic approaches including cognitive-behavioural, psychodynamic, experiential, brief solution-focussed, meditation/mindfulness, and energy meridian based therapies (EFT/TAT). He has particular interest in working with men’s issues, trauma recovery, depression, anxiety, relationships, peak performance and personal development.

23. Name: Robert Segal
Registration Type: Counselling Psychologist
Location of Practice: Hollywood Clinic, Nedlands
Contact Details: 9333 8077
Specialities/areas of interest: Mood and Anxiety Disorders
Profile: Dr Segal has 20 years experience in the field and has worked in industry, the public service, university counselling centres and in private practice. He currently runs a practice from the Hollywood Clinic. He is proficient in both individual and group psychological interventions. He utilises a wide variety of evidence based interventions including CBT and Interpersonal Therapy as well as Clinical Hypnotherapy and EMDR.
22. Name: Mary-Anne Paino  
Registration Type: Counselling Psychologist  
Location of Practice: The Marian Centre  
15 Colin Street  
West Perth 6005  
Contact Details: 0417 911 130  
mpaino@themariancentre.com.au  
Specialities/areas of interest: Couples and family therapy and Post Traumatic Stress Disorder.  
Profile: Mary-Anne has over 20 years experience helping individuals and couples to manage personal and relationship difficulties. She has worked in private practice for 15 years. She works full time at the Marian Centre. She provides both short term and long term psychotherapy.

7. Name: Lidia Genovese  
Registration Type: Counselling Psychologist  
Location of Practice: 21 The Crescent, Helena Valley  
9255 1976  
Contact Details:  
Specialities/areas of interest: Individual and couple therapy, complex PTSD, depression, anxiety, attachment disorders, self-esteem etc.  
Profile: Psychologist for over 30 years – in private practice for approximately 20 years. Experienced in applying EMDR, Imaginal Exposure and Sensorimotor Integration for processing trauma material. Eclectic approach but expertise in Cognitive Behaviour Therapy approaches and Emotionally Focused Therapy. No longer treats children and adolescents but willing to share expertise in this area. Available for mentoring, supervision, running workshops for professionals and public.
8. Name: Dr. Jan Grant
Registration Type: Counselling Psychologist
Location of Practice: 2/211 Park Street Subiaco, WA 6008
Contact Details: 9382 8024
Specialities/areas of interest: Trauma, grief, relationship issues, depression/anxiety, sexual abuse, professional identity, supervision, and self-esteem issues.
Profile: Jan has 30 years experience in the provision of psychotherapy for adult individuals and couples. Although she provides a range of services, she specializes in medium to long-term psychotherapy. She also sees therapists and other health professionals for supervision/consultation about their work or management roles. Jan is also Associate Professor of Counselling Psychology at Curtin University, thus only in private practice part-time with very limited session availability.

21. Name: Lisa Palmer
Registration Type: Psychologist
Location of Practice: 11 Thomas St Bunbury 6231
Contact Details: PO Box 183, Bunbury 6231 Ph: 0401 577 973 Fax: 97916440 Email: liljay6@bigpond.com
Specialities/areas of interest: Stress, anxiety, depression, trauma, emotional focused couples therapy, narrative therapy, mindfulness in therapy.
Profile: Lisa has been working as a Psychologist for 17 years and is provisionally registered as a Counselling Psychologist. Lisa has worked with individuals, couples and families in various work settings and populations. These include social services, youth at risk, war veterans and their families, women’s health care, and employee mental health and wellness programs. Lisa now works in private practice using an interpersonal psychotherapeutic method which is adjusted to the individuals’ needs and presentation. Lisa will incorporate cognitive, narrative, existential and solution-focused interventions as per individual client. Lisa has a particular interest in working with couples and adult based attachment issues.
<table>
<thead>
<tr>
<th>Name</th>
<th>Claudia Ovenden</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration Type</td>
<td>Counselling Psychologist</td>
</tr>
<tr>
<td>Location of Practice</td>
<td>Nedlands (adults)</td>
</tr>
<tr>
<td></td>
<td>Helena Valley (children)</td>
</tr>
<tr>
<td>Contact Details</td>
<td>9333 8069</td>
</tr>
<tr>
<td></td>
<td>0422 897760</td>
</tr>
<tr>
<td>Specialities/areas of interest</td>
<td>Anxiety, depression, trauma, addictions, adjustment issues.</td>
</tr>
<tr>
<td>Profile</td>
<td>Over 10 years experience, including in psychiatric settings, Claudia chooses from a range of models to fit with client needs, drawing on cognitive therapies, interpersonal therapy, mindfulness based approaches, and with children, expressive therapies and an adapted form of CBT. Claudia always sees parents of children prior working with children themselves. Claudia does private practice part-time.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Dr Susan P Griffiths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration Type</td>
<td>Psychologist</td>
</tr>
<tr>
<td>Location of Practice</td>
<td>‘Brockman House’</td>
</tr>
<tr>
<td></td>
<td>3 Brockman Road</td>
</tr>
<tr>
<td>Contact Details</td>
<td>0407 280 549</td>
</tr>
<tr>
<td>Specialities/areas of interest</td>
<td>Life transition and adjustment including bereavement, peri-natal stress and depression (PND), relationships, parenting and transition to retirement. Trauma. Family-of-origin issues. Anxiety. Depression. Substance misuse. Professional training.</td>
</tr>
<tr>
<td>Profile</td>
<td>Susan has more than 15 years experience as a Psychologist and trainer. For 10 years she taught counselling and group work to post-graduate students at Curtin University while continuing to provide direct services to clients. She has worked in the areas of intellectual disability, HIV/AIDS; and Peri-Natal Stress and Depression. Susan is now in private practice in Midland. She works with individuals from the age of 14 onwards, couples and families. Susan works supportively with clients using a relational approach. Specific counselling frameworks are used as required to assist clients to reach their goals. Susan is also available as a professional trainer.</td>
</tr>
</tbody>
</table>
10. Name: Karen Hall  
Registration Type: Counselling Psychologist  
Location of Practice: Midland and Westminster  
Contact Details: 0434 895 779 9444 1817  
Specialities/areas of interest: Anxiety, depression, OCD, bipolar disorder, PTSD, adjustment disorders; trauma – sexual/physical abuse, domestic abuse, war related; grief and loss, life transition, stress – including work stress, parenting skills, relationship issues with couples, adolescents, and adults of all ages, and for EAP’s  
Profile: Karen has over 27 years of professional practice and training in counselling adults, young people, couples, migrants and refugees. She can utilise problem solving, skills development, awareness building, and in-depth psychotherapeutic approaches from a range of models, for example, Gestalt Therapy, Self Psychology, Solution Focused, Motivational and Cognitive Behavioural therapy. She has over 15 years of extensive training and practice working specifically with trauma, for example, war-related trauma, domestic abuse, sexual and physical abuse, natural disasters and vehicle accidents. Furthermore, she constantly seeks to up-grade her knowledge and skills through professional reading and by attending professional development opportunities.

19. Name: Maggie Orum  
Registration Type: Counselling Psychologist  
Location of Practice: Canning Health Care Centre, 4/259 Bannister Rd (Cnr South St) Canning Vale WA 6155  
Contact Details: Tel: 0408 677 420 Fax: (08) 9455 2987  
PO Box 400 South Fremantle WA 6162 maggio@bigblue.net.au  
Specialities/areas of interest: Depression, anxiety, relationship issues, trauma, work stress, assertiveness and confidence, grief and veterans issues.  
Profile: Maggie has been a Psychologist in private practice in Canning Vale for 2 years and before then she spent 5 years at Relationships Australia counselling couples and individuals on relationship issues as well as seeing people referred by GP’s for mental health problems. She has also worked at VVCS (Veterans and Veterans Families Counselling Service) and continues to work with war veterans and their families. Therapies include: Mindfulness and CBT, Existential, EMDR, Gestalt, and couple counselling.
18. Name: Susie Newnham  
Registration Type: Counselling Psychologist (Registrar).  
Location of Practice: Nedlands and Cottesloe  
Contact Details: 0411 519 518  
Specialities/areas of interest: Antenatal/postnatal anxiety and depression; anxiety related to high risk pregnancy; couples therapy, sexuality and intimacy issues; relationship issues; depression; anxiety; grief, loss and complicated bereavement.  
Profile: Susie is a Counselling Psychologist, registered nurse and trained midwife who has a special interest in the treatment of antenatal and postnatal women who are experiencing anxiety or depression. She also sees women and their partners who have the need for counselling support following a perinatal loss. She has worked at Relationships Australia in the past and is an experienced couples’ therapist. As a volunteer for the Cancer Council she has facilitated therapeutic Support Groups for cancer patients and their families and works with clients who are finding difficulty in moving on following a bereavement. She also has a special interest in counselling families who have donated a loved one’s organs for transplantation. Susie’s therapeutic approach includes Cognitive Behaviour Therapy, Interpersonal Therapy; Motivational Interviewing and Emotion Focussed Therapy for couples. She works with adolescents and adults.

11. Name: Lauren Hancock  
Registration Type: Psychologist  
Location of Practice: Amherst Psychology & Counselling  
Unit 4 / 288 Amherst Road  
Canning Vale WA 6155  
Contact Details: M: 0423 972 057  
E-mail: laurenh@westnet.com.au  
Specialities/areas of interest: Mental health issues, including depression, anxiety, and trauma. Problem gambling and masculinity.  
Profile: Lauren is a Registered Psychologist and a recognised provider with Medicare Australia. Lauren has completed a Masters of Psychology (Counselling) degree and is an Associate Member of the Australian Psychological Society. Lauren has previously worked in a variety of medical and non-medical settings. She works with adults, adolescents, and couples with a range of mental health issues, including depression, anxiety, and trauma, but particularly specialises in problem gambling, masculinity, and Thought Field Therapy. Lauren uses a variety of therapeutic approaches, including Cognitive Behavioural Therapy, Interpersonal Therapy, Schema Therapy, Thought Field Therapy, and Narrative Therapy.
12. Name: Kenneth Eric Holland
Registration Type: Psychologist
Location of Practice: Rockingham City Surgery
Contact Details: PO Box 112, Melville WA 6956
PH: 0402 827 470
Specialities/areas of interest: Relationship & family counselling, trauma including sexual abuse & war service, stress management, parenting issues.
Profile: Ken has worked as a Counsellor for the past 20 years, including positions with the Commonwealth Rehabilitation Service, Kinway, and the Vietnam Veterans Counselling Service. He currently works part-time with the Rockingham Kwinana Division of General Practice Counselling Program while operating a private practice.
Ken is proficient in Cognitive-Behavioural Therapy, Rational-Emotional Therapy, Existential Therapy, Interpersonal Therapy and Gestalt Therapy but has particular expertise in Bowen Family Therapy, short & long-term psychodynamic approaches, and Transactional Analysis.

17. Name: Ben Mullings
Registration Type: Psychologist
Location of Practice: Ardross
Contact Details: 0431870401
Specialities/areas of interest: Chronic depression, social anxiety, anger, working with teenagers.
Profile: Ben Mullings provides counselling services for individuals, couples and families experiencing a wide range of challenges - from simple relationship problems all the way through to complex psychological difficulties. His consulting rooms are just a few minutes away from both Fremantle and Perth. You can find out more about Ben’s services online: www.psyber.net.au
Nicki McKenna
Counselling Psychologist
Suite 4, 544 William Street,
Mount Lawley, WA 6050
Mobile: 0403 126 933

Relationship and marital difficulties, addictions, family of origin issues, anxiety and depression, PTSD, grief and loss and other life transitional issues.

Nicki is a specialist in Counselling Psychology with over 20 years experience. She has worked in a variety of settings including Holyoake (Alcohol & drug agency) KEMH (Psychological Medicine), Prime Health (EAP), Perth Clinic (Private Psychiatric Hospital) and the Department of Corrective Services. She is a trained relationship counsellor and has extensive experience in group therapy. Her experience includes assisting individuals with substance abuse problems and their family members as well as a broad range of other mental health and life issues. Nicki sits on various committees; Association for Counselling Psychologist (ACP); Australian Psychologist Society (APS Perth branch), and the Advisory Committee for the Masters Degree Program for Counselling Psychologists at Curtin University. She is also registered for Medicare and private health rebates.

Gillian Iliffe
Counselling Psychologist
Bentley Family Therapy Centre
9 Mills St
Bentley 6102
0414 593 669

Depression, anxiety, PTSD from critical incidents, sexual and physical abuse or war trauma.

Gillian is an experienced Counselling Psychologist who has worked as a group facilitator, trainer, and counsellor for a number of agencies in London and Perth. Over the last nine years she has specialised in working with young people and adults who have experienced some type of trauma (domestic violence, sexual abuse, war-related trauma and critical incidents) but has also continued to work with clients on a wide range of issues. Gillian often works collaboratively with GP’s and/or Psychiatrists who manage the pharmacological treatment, while she provides counselling for issues such as depression, anxiety or PTSD. Gillian uses an eclectic range of therapies depending on her clients’ needs and the issues presented. She has a person-centred approach but draws on strategies from Cognitive Behaviour Therapy, Acceptance Commitment Therapy, Narrative Therapy, and Body Centred Psychotherapy, including EFT and EMDR.
14. Name: Sylvia Johnstone  
Registration Type: Psychologist  
Location of Practice: West Perth and Balga  
Contact Details: 0404 838 142  
Specialities/areas of interest: Adults, adolescents and children. Depression, anxiety disorder, sleep disorders, stress management, bereavement disorder, unexplained somatic complains, pain management, depression relating to chronic illness, relationships counselling.  
Profile: Sylvia is a Psychologist providing psychological treatment to adults, adolescents and children. She works from a consulting room in West Perth and Princess Road Medical Centre. She uses a range of therapeutic approaches- mainly Interpersonal Therapy, Cognitive Behavioural Therapy, Acceptance Commitment Therapy and Existential Therapy to help her clients attain resolutions and peace within themselves. She also incorporates mindfulness meditation in her work with her clients who suffer from chronic pain and debilitating emotional difficulties. The combination of mindfulness meditation and other evidence based psychotherapy has been found to be effective and is well received by her clients. She is an allied health provider of the following GP Networks- Perth Primary Care and Osborne GP Division. Evening appointments are available.

15. Name: Kim Maserow  
Registration Type: Counselling Psychologist  
Location of Practice: Hollywood Specialist Centre  
Contact Details: 37/95 Monash Avenue Nedlands WA 6009 Ph: 08 9389 5155 Fax: 08 9389 5166  
Profile: Kim is the Chairperson of the APS College of Counselling Psychologists. She co-ordinates the therapy program at the Hollywood Clinic for day patients and inpatients who are seeking treatment for anorexia nervosa, bulimia nervosa and binge eating disorder. She runs a closed group programme for bulimia and binge eating disorders. She has a private practice at the Hollywood Specialist Centre where she sees a broad spectrum of patients and offers a number of after hour appointments including Saturdays. Patients receive the full Medicare rebate. Her therapeutic approach includes CBT, Gestalt, IPT and Solution Focussed Brief Therapy. She works with adolescents, adults and older adults.